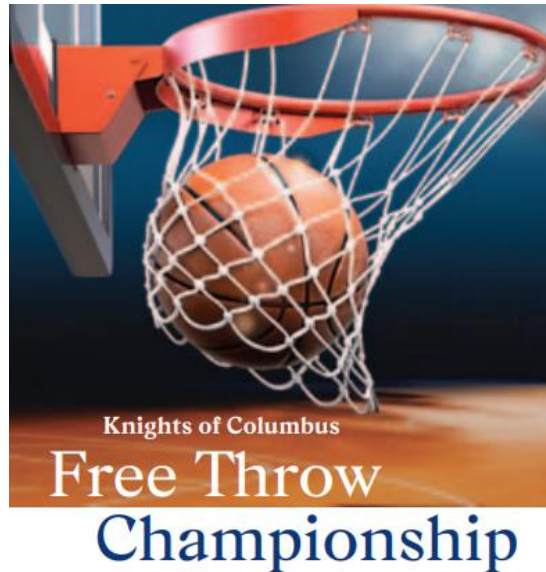




# *Knights of Columbus*

## 2024 Free Throw Championship!



**Who:** Boys and Girls – Ages 9 to 14

**When:** Saturday, January 27<sup>th</sup> 2024

**Where:** St Mary Grade School Gym, 807 E. Thayer Avenue,  
Bismarck

**Time:** Setup 10:30 am - Open Shoot 11:00 am - Start  
Competition 11:30 am

**Contestants compete within their own gender and age group**

If you have any questions, feel free to contact us at:

Mark Gaydos, (701) 214-0777, [marksgaydos@midco.net](mailto:marksgaydos@midco.net)

See you on January 27!

## Free Throw Championship Rules

1. Participants shoot in age brackets as determined by the participant's age as of January 1, 2023: 9, 10, 11, 12, 13, or 14.
2. Safe Environment certified parishioners will be on at the event.
3. Girls and Boys compete separately.
4. Free Throw Championship Entry Form and Score Sheet will be available at the contest. A copy may be picked up at the Parish Office. Participants need to fill in their gender, age and all the requested information. A parent or guardian should sign and date the form.
5. Bring the Free Throw Championship Entry Form and Score Sheet with you the day of the competition. This will make your check in process as efficient as possible.
6. Each participant takes three (3) warm up shots followed by fifteen (15) consecutive free throws a. Girls and Boys ages 9-11 shoot from a 12' foul line using a regulations women's basketball  
b. Girls ages 12 – 14 shoot at from a 15' foul line using a women's regulation basketball  
c. Boys ages 12 – 14 shoot from a 15' foul line using a men's regulation basketball
7. Each made and missed free throw is recorded on the official Free Throw Championship Entry Form and Score Sheet.
8. In the event of a tie by age/gender group each contestant with the tied score will take five (5) free throws with no warm ups allowed until a Champion is determined
9. Winners at each level will advance to the next level (Council, District, Region and State).
10. Spectators are welcome but will be asked to view the contest from the spectator area only to provide a contest area that is safe and free from distractions.
11. **NO PERSONAL BASKETBALLS** are allowed into the gym the day of the competition (so please leave them at home).

# Free Throw Championship Entry Form/Score Sheet

I wish to enter THE KNIGHTS OF COLUMBUS FREE THROW CHAMPIONSHIP in the category and age group checked below. My eligibility is to be determined by my age as of January 1. I also understand that I may only compete in one council level competition.

☐ Boys    ☐ Girls    Council # \_\_\_\_\_    AGE:    ☐ 9    ☐ 10    ☐ 11    ☐ 12    ☐ 13    ☐ 14

Name of Entrant \_\_\_\_\_ Date of Birth \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

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Parent/Guardian Telephone (Circle one: Home    Cell)
Email
Signature of Entrant

### This Section To Be Completed By Parent/Guardian:

Council No. \_\_\_\_\_

By signing below, the undersigned requests and approves of the entrant's registration and participation in the KNIGHTS OF COLUMBUS FREE THROW CHAMPIONSHIP ("The Contest"). In consideration for the entrant's participation in the Contest, the undersigned (1) acknowledges that the entrant's participation will be at the sole risk of the entrant and the undersigned and (2) agrees to release, indemnify and hold the Knights of Columbus Supreme Council, its subordinate units, officers, agents, members and employees harmless from any and all demands, claims or causes of action arising from or relating to the entrant's participation in the Contest. The undersigned also agree to allow representatives from the Knights of Columbus Supreme Council or any of its subordinate units to take and publish photographs or videos of the entrant during the Contest. **The entrant may compete in only one council level competition. Parent or guardian must sign this form before entrant competes.**

Parent/Guardian

Date signed \_\_\_\_\_

**This Section To Be Completed K of C Officials:**

**SCORING INSTRUCTIONS:** Each contestant will be allowed **15** consecutive free throws in **council** competition and **25** consecutive free throws in **all other levels**. Indicate number of free throws “made” in first column. Those tied for highest score will compete in successive rounds each being allowed 5 free throws until one contestant emerges as winner. Use other columns to indicate scores in “playoff” rounds.

COMPETITION LEVEL	SCORING:	<input checked="" type="checkbox"/> BASKET MADE	<input type="checkbox"/> BASKET MISSED	TOTAL BASKETS MADE	
COUNCIL:					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
DISTRICT:					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
REGIONAL:					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
JURISDICTION:					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
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	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

*(Councils should retain a copy of this completed form for their files)*

